



Keeping Touch

SANTA BARBARA, CA • OCTOBER 2012 • VOL. 31 • NO. 2

FROM THE DESK OF *BILL CIRONE...*

Voting is essential

Voting in a democracy is a right, and it is also a responsibility. People worldwide have shed blood over the right to choose their leaders and their policies. Sometimes we take that right for granted—a true abdication of what it means to be a citizen in this great nation.

The Nov. 6 election is filled with important initiatives and candidates that will alter the future of California and the nation. Our choices will set in motion approaches to problems that reflect a stark contrast in priorities.

Our future economic competitiveness, our crime rates, strong families, and even the health of our overall democracy depend to a very great extent on educating the next generation. Without that, all else is in jeopardy. Yet our children remain among the most neglected segments of our society. They are the poorest citizens in our state.

Our schools continue to make great strides under the most daunting of circumstances. Schools are setting high standards and raising test scores. But they do not operate in a vacuum. They need community support in order to improve.

As we cast our votes for candidates and initiatives this November, we will be shaping priorities for this next decade and beyond. It is so easy to be swayed by rhetoric, by scare tactics, and by the legitimately daunting challenges. We must be careful not to become distracted—and to remember what is most important to us and our families in the long run.

Our children cannot vote. They need us to do that for them.

On Nov. 6, I am hoping that regardless of political party, voters will cast ballots for candidates and initiatives that will help ensure a strong, healthy future for the next generation. Start getting informed now. See what the issues are and how likely each initiative is to meet the intended goal. Choose candidates according to what you want our state and nation to look like in the next decade, and what you want our priorities to be.

Don't miss this important chance to weigh in and make your voice heard. Don't take voting for granted. We are all in this together.

Center has nine new AmeriCorps volunteers

The Center for Community Education has nine new AmeriCorps Volunteer Managers. They have completed training and are out in the community and our schools matching volunteers with teacher requests. Teachers can have a volunteer in their classroom by visiting santabarbarapartners.org (South County Partners in Education program) or volunteernorthcounty.org (North County Volunteer Corps program). They will get a quick and friendly reply from one of our new team members.

In Santa Maria, we have Krista Delia (coordinator) and new service members Angelica Cuellar and Nadia Brizzolara. In Lompoc, Rachel Hom (coordinator) and new members Anna Wilson and Jen Heck are waiting to help. Carpinteria will be served by Kelly Byers. The rest of the team serves the south coast regions: Elise Zolczynski, Goleta; Tristan Turner, Santa Barbara North; Ashley Cortez, Santa Barbara West; and Shannon Thompson, Santa Barbara East. **Lucille Ramirez** will continue to serve in excellence on the South Coast.

—Michelle Magnusson/CCE

Quote of the Month...

“

It is not only for what we do that we are held responsible, but also for what we do not do.

—Moliere

”

Question of the Month???

What common misuse of the English language gets you hot under the collar ?

The common misuse of the words “at” and “ones” at the end of a sentence really irritates my ear: “Where do you work *at*?” or “I like these *ones*.” Hearing these phrases brings back the memory of my mother’s voice gently correcting my grammar when I was a child.

—Suzanne McDonald/Health Linkages

This is what pops into my head when people misuse ... *Can I use the car?* I don’t know if you *can* but yes, you *may*. – *Mines* instead of *mine*. You have *mines*? – *More better*. Is better not good enough?

—Valera Reyes/Fiscal Services

Then used to mean *than*. *Then* tells when. *Than* compares. “First wash your hands, *then* eat lunch.” “My lunch is bigger *than* your lunch.”

—Caroline Alcorn/SESS-S

At some point it has become common practice to say UPON instead of ON. I kept disliking it and thinking it seemed wrong to use UPON so many times when you can correctly use ON. I’ve heard it or seen it written so often that I asked the question on the Internet. Most sources tend to agree that you should use UPON sparingly and usually just for literary effect. It’s not really misuse, it’s just formal and archaic usage. So, why, when our language is being shortened to LOL, etc., do people use UPON instead of ON?

—Carole Cole/SBAS

When people use “I” instead of “me” as an object, especially as the object of a preposition. Egregious examples: Between you and I, *instead of* between you and me ... Mary studied with Bob and I ... That cake is for my friends and I ... He told my brother and I to wait for the next train ... And the worst

misuse of a first person pronoun: “It’s my husband and I’s anniversary this week.”

— Ellen Barger

Using *your* for *you’re*, *to* for *too*, and *then* for *than*. Especially in Facebook posts! —Maria Larios-Horton

Saying “nucular” instead of nuclear. There is just no excuse. Enough said.

My best friend insists on peppering her speech with jargon and old sayings, but never gets them right and just sounds silly. “My grandson made a BEEHIVE for the snacks!” Oh, really? When I explain that ‘beeline’ is the word she seeks, she just ‘tsk-tsk’ me and tells me I am too fussy. Both her daughter and her grandson do the same thing, so this may be genetics at work. And don’t even get me started on apostrophe misuse. For hilarious examples of this heinous crime and more, go to apostrophecatastrophes.com or apostropheabuse.com.

—Tracey Beauchamp/Communications

Incorrect use of semicolons and colons; Using *their* as a singular pronoun instead of changing subject to plural or using *his* or *her*—*A person* should treat *their* pets well—is wrong; using *I* instead of *me*—Lulu gave a sandwich to Biff and *I*—is wrong; *amount* used instead of *number*—A large *amount* of people showed up—is wrong; saying *I could care less* instead of *I couldn’t care less*; using *irregardless* rather than *regardless*; saying *intregal* rather than *integral*.

—Bonnie Beedles/CCE

Noun-verb disagreement get me really hot under the collar. Mistakes, in that realm, is unpardonable.

—Fred Borchers/ETS

Oh, my, where to begin ... I won’t even mention the worst grammar no-no, like, “That don’t mean nothin’.” Less offensive but still at the top of my list is when people say, “He took Mary and I out to lunch,” instead of “Mary and me.” The easiest way to know which is correct is to drop the “Mary” and say, “He took me out ...” (You wouldn’t say, “He took I out,” now would you?)

Another one is, “I’ll try and make it,” instead of, “I’ll try to make it.” That one sets my teeth on edge. And the last one in my top three is using “your” when you mean the contraction of “you are,” which is “you’re.” Okay, fourth in my top four is using an apostrophe when writing the possessive of “its.” “It’s” is the contraction for “it is.” And fifth in my top five is using an apostrophe to pluralize a word. Any word.

Nowadays if enough people misuse a word, it’s accepted as correct. So it’s okay to say, “Honey, I Shrunk the Kids,” instead of “Shrank.” (Same goes for sank/sunk and thank/thunk — just threw that last one in to see if you were paying attention.) And (this *one’s* for Kristen who’ll know why) it’s now okay to pronounce “d-o-u-r” like “sour” instead of rhyming with “tour” or “your,” which is the correct pronunciation. Okay, I’m done now. Oh, wait, I just thought of another one...

Effect and affect—“Hope this doesn’t *E*ffect me.” Ensure and insure—“I trust you will *ensure* it’s handled.” Deaf and death—“You scared me to *deaf*!”

—Patty Hernandez/Superintendent’s Office

Judy Stepka sent this 14 years ago. I thought it was great, so I kept it just for this month’s Question of the Month.

Basic “rules” of grammar...

1. Verbs HAS to agree with their subjects.

Question of the Month???

continued

2. Prepositions are not words to end sentences with.
3. And don't start a sentence with a conjunction.
4. It is wrong to ever split an infinitive.
5. Avoid clichés like the plague. (They're old hat.)
6. Also, always avoid annoying alliteration.
7. Be more or less specific.
8. Parenthetical remarks (however relevant) are (usually) unnecessary.
9. Also too, never, ever use repetitive redundancies.
10. No sentence fragments.
11. Contractions aren't necessary and shouldn't be used.
12. Foreign words and phrases are not *apropos*.
13. Do not be redundant; do not use more words than necessary; it's highly superfluous.
14. One should NEVER generalize.
15. Comparisons are as bad as clichés.
16. Don't use no double negatives.
17. Eschew ampersands & abbreviations, etc.
18. One-word sentences? Eliminate.
19. Analogies in writing are like feathers on a snake.
20. The passive voice is to be ignored.
21. Eliminate commas, that are, not necessary. Parenthetical words however should be enclosed in commas.
22. Never use a big word when a diminutive one would suffice.
23. Kill all exclamation points!!!
24. Use words correctly, irregardless of how others use them.
25. Understatement is always the absolute best way to put forth earth-shaking ideas.
26. Use the apostrophe in it's proper place and omit it when its not needed.
27. Eliminate quotations. As Ralph Waldo Emerson said, "I hate quotations. Tell me what you know."

Allan News

At the end of August, Tom Towle came to SBCEO to renew his credential. He said hello to people he knew when he worked in the Computer Center as Operator/ Programmer/ Network Support, from 1989 to 1996. He has always worked in the computer and networking technology field and today is CEO at Computer and Internet Consulting Services (CICS). His other love is music. Currently he is bandleader, plays bass, and is promoter of the Montecito Jazz Project band. He teaches ukulele, guitar, bass, and keyboard and also provides services related to music, sound, and recording. You might see him around town with his band or playing solo performances.

—Carole Cole/SBAS

Lauren Fuller (SBAS) and I had lunch with Franny Girlando as she was on her way home to Valencia after visiting her folks in Lompoc. Franny worked in SBAS until 2010. Since then, she is completely retired and can do anything she wants at any time she wants.

—Carole Cole/SBAS

Jeni Fraas (JCCS) has a sister, Jill Pleick, who worked at SBCEO in the Computer Center as Operator/ Programmer/ Network Support and then was Clerical Asst./Mail Clerk from 1995 to 2004. I'm sure most of us can remember Jeni and Jill because they earned the esteemed Golden (Crystal?) Apple and other rewards for their generous contributions, especially to the Los Prietos Boys Camp. Jill lives in Nebraska now and was in Santa Barbara for a few days with five of her friends. They did everything Santa Barbara has to offer. Of course they never slept and Jeni only got to see her for a couple of hours. Maybe next time they can visit more and laugh their heads off like we used to hear them do whenever they got together.

—Carole Cole/SBAS

Adam and Holly Loos (Wilson) celebrated the birth of their second child, daughter Elle Marie, born on Aug. 29. She weighed 7 lbs., 6 oz., and measured 21 inches long. Big brother Ethan is very excited!

—Tracey Beauchamp/Communications

28. If you've heard it once, you've heard it a thousand times: Resist hyperbole; not one writer in a million can use it correctly.
29. Puns are for children, not groan readers.
30. Go around the barn at high noon to avoid colloquialisms.
31. Even IF a mixed metaphor sings, it should be derailed.
32. Who needs rhetorical questions?
33. Exaggeration is a billion times worse than understatement.

—Carole Cole/SBAS

Question of the Month for November...

“

What is your “go-to” recipe?

”

Taylor chosen outstanding instructional assistant

Justin Taylor, an instructional assistant in a classroom for severely handicapped students at Cabrillo High School, received the 2012 Janet Sonnenburg Memorial Award for Outstanding Instructional Assistant by the SBCEO.

“None of the students are able to speak,” said Taylor, who works in teacher Tracy Akins’ class. “A few are in wheelchairs, a few are autistic, and one has Cornelia de Lange syndrome.” In Akins’ classroom, students range in age from 13 to 22. Taylor helps students with academic skills such as learning to write their names and trace shapes, as well as life skills such as composing a grocery list, understanding traffic signs, and counting money. According to Akins’ nomination letter, Taylor has also taken the time to figure out multiple ways to use an iPad in the classroom by finding apps and developing classroom activities.

Taylor has an associate’s degree from Hancock College and is working on a bachelor’s in organizational leadership with an emphasis in communication at Brandman University.

Did you know...

Information abounds in the SBCEO directory

Do you know what SAPID stands for? Do you know the website address of the Ballard School District? Do you know who to call for auditorium scheduling? The answers and more can be found in the SBCEO directory. The following sections may include information you didn’t know about:

- The inside cover includes countywide enrollment information and school district website addresses.
- Information and Services (SBCEO section) includes educational acronyms and a list of contacts to answer questions on a wide range of topics.
- The Affiliated Organizations section includes PTA contact information and California elected official information.
- A site map of the south county office is available on the last page of the directory.

The directory can also be found on the SBCEO site: Go to sbceo.org and select “Our office” in the left column. Then select “Printed SBCEO directory.” To search the directory file, you can open the file and select Edit from the top drop-down menu and select Search. The directory is printed once a year in September, but revisions and additions to the online directory are made throughout the year.

—Joan Gilmore/Communications

Six Flags Magic Mountain Oct. savings for staff

Thrill by day, fright by night at Magic Mountain, Fridays through Sundays beginning Oct. 5, featuring: • 13 mazes & scare zones • Spooktacular shows • Trick or Treat trail & crafts for kids

Purchase SBCEO special-priced tickets on line at <https://shopsixflags.accesso.com/clients/sixflags/affiliate/login.php?m=16303&ec=>

Username: SBCEOMM, Password: SixFlags11

—Zonia Chaney/Categorical and Special Programs



Glimpse...

Kim Stewart
IEP Chairperson
Special Education, North County

What is your favorite ...

Quote or motto: I have two: “I dwell in the area of possibility.” and “Be the change you wish to see.” —Gandhi

Music: Everything but country. While I am at work I like to listen to classical music at a low audible level.

Movies/TV shows: I have three favorite movies: *The Wizard of Oz*, *ET*, and *Forrest Gump*. I don’t watch a lot of TV and hate reality shows.

Leisure time activities/hobbies: I love to BBQ and hang with family, read, and run with my dog.

Other interesting work you’ve done: Very first job was a Sonic Car Hop. I wore roller skates while delivering food. As a professional in my first career, before teaching, I was in banking. I was a commercial loan officer and compliance officer for Goleta National Bank and Mid-State Bank.

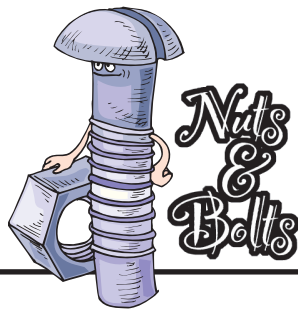
Hidden talents: I am a spin and Zumba instructor at the YMCA and I am a disco queen!

Hometown: Albuquerque, NM.

Where did you go to school: Eldorado High School in Albuquerque, NM and Cal Poly.

Any kids or pets: I have two wonderful girls, 19 and 21. My 19-year-old is going to school down south to be a speech and language therapist and my oldest daughter is working in the service industry and attends AHC. She has Down Syndrome and is very smart and independent. My other children are dogs. I have three of them – two little Yorkies and one big yellow Lab. My yellow Lab is only 11 months old and is truly a “Marley.” It is amazing what he has eaten of mine!

When did you start at SBCEO: 2005.



Mailroom usage

Since it is a new school year, it's worth repeating that the mailroom offers some great services besides delivering business mail throughout the county, so please make note of the following:

If you need to send personal mail, you can buy stamps between 11 a.m. and 3 p.m. only. The mailroom is especially busy with interoffice and other business mail between the hours of 8–11 and 3–5, so please try to remember that personal mail requests should only be made from 11 to 3. You may purchase no more than 10

stamps a day. If you're sending out your monthly bills, invitations to a birthday party, or yearly Christmas cards and need more than that, stamps are available through the post office, online, and in grocery stores.

Don't forget: UPS services are also available, but the cut-off time is 2:45 p.m., so if you need to send a personal package, please get it into the mail room before then (and leave some time to spare). Remember: The mailroom is not a post office, and these are supplemental services for the benefit of our employees.

—Rose Koller/ETS



- Sign in a gynecologist's office: "Dr. Jones, at your cervix."
- In a podiatrist's office: "Time wounds all heels."
- On a septic tank truck: "Yesterday's Meals on Wheels."
- On a plumber's truck: "We repair what your husband fixed."
- On another plumber's truck: "Don't sleep with a drip. Call your plumber."
- On a church's billboard: "7 days without God makes one weak."
- At a tire store: "Invite us to your next blowout."
- On an electrician's truck: "Let us remove your shorts."
- In a non-smoking area: "If we see smoke, we will assume you are on fire and take appropriate action."
- On a maternity room door: "Push. Push. Push."
- At an optometrist's office: "If you don't see what you're looking for, you've come to the right place."
- On a taxidermist's window: "We really know our stuff."
- On a fence: "Salesmen welcome! Dog food is expensive!"
- At a car dealership: "The best way to get back on your feet—miss a car payment."
- Outside a muffler repair shop: "No appointment necessary. We hear you coming."
- In a veterinarian's waiting room: "Be back in 5 minutes. Sit! Stay!"
- In a restaurant window: "Don't stand there and be hungry; come on in and get fed up."
- In the front yard of a funeral home: "Drive carefully. We'll wait."

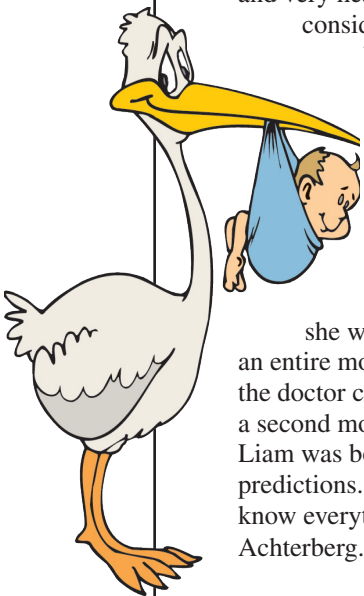
—Rose Koller/ETS

Oh, baby!

Angela Wells in SBAS is a Gma for the third time. Her eldest daughter Brittany gave birth to Liam on Sept. 6. He was 7 lbs., 19 inches and very healthy—which is an important point considering the timeline relating to his birth. Brittany's first doctor (when she lived in Hollywood) told her the baby was due Nov. 15 (Gma's b'day). She eventually moved to Orcutt because she wanted to have the doctor that delivered her and seven of her family members, deliver her baby. In this doctor's opinion,

she was due to have her baby on Oct. 14, an entire month earlier. After her prenatal exams, the doctor changed her due date to Sept. 14, now a second month earlier. Well, they were all wrong. Liam was born Sept. 6, even earlier than all the predictions. I guess you can't count on a doctor to know everything. Liam's full name is Liam Sven Achterberg.

—Carole Cole/SBAS



The Anti-Defamation League selected **Lisa Maglione** (Director, Educational Support Services) to be the 2012 ADL Distinguished Community Service Award Education Honoree. Lisa was honored at a Dignitary Reception in September and will be further honored on Oct. 28 at the ADL Gala Dinner. Lisa is most deserving of this award for her life's work to fight bigotry and promote diversity and understanding. She has always fostered the core values that represent the ADL and has modeled and taught these values to youth and faculty. Lisa, you are a hero and we celebrate this special event with you.

—Zonia Chaney/ C & S Programs

Minerva Rangel has been a Migrant Education Program Specialist for the



past four years. Before that she worked as a Migrant Statistical Assistant at San Luis Coastal. She wears many hats — teaches an ESL class at Allan Hancock College two nights a week, coordinates Guadalupe and San Luis Coastal Saturday School, and works with Out of School Youth (OSY). She also attended classes at UCSB and just received her Teaching English to Speakers of Others

(TESOL) certificate in August. With this certificate she can teach any place in the world, but of course she wouldn't dream of leaving us. Congratulations and good job, Minerva!

—Paty Rodriguez/Migrant Education

I would like to express my appreciation by saying thank you to **Steve Smith** and **Matt Evans** in Reprographics. They had a project of mine that I didn't think I needed for a month. Then suddenly, I needed it right away. Without hesitation and in the most willing and helpful manner, they whipped out my project and finished it three weeks early — including making some changes that they noticed improved on the original. I am very grateful for their service.

—Carole Cole/SBAS

School supplies donated to TYS students

I would like to thank all SBCEO employees for generously supporting children who are homeless or in foster care through donations of school supplies for students served by our Transitional Youth Services (TYS) program. Thanks also go to the members of the South County Social Committee for organizing this effort. All of you have helped to ensure that our most vulnerable students start the school year with the necessary tools to perform well in their classrooms. As you know, children served by TYS face numerous challenges. The extreme poverty in which their families live means many begin the school year with very few supplies or new school clothes. Not only do your contributions help with school performance, they also help alleviate some of the stigma and resulting shame that many homeless children experience when they lack the basics that most students take for granted.

Ryan S. is one of many students helped by your recent donations. He and his mother lived in their car over the summer, and now they live in a homeless shelter. A week before school began, we helped Ryan's mother access an agency that provides free school clothes. After that, our TYS liaison presented Ryan with a new backpack. His face lit up as he admired it. When he discovered that the backpack was filled with paper, markers, pencils, and other items, he grew even more excited and declared, "This is going to be a great year!" Ryan and his mother were extremely thankful for your generous donations.

A Santa Barbara High School student, Lisette G., was given one of the flash drives included in your donations. All last year she had struggled to submit her papers to her teachers—she had a computer in the house that she and her family shared with two other families, but she had no printer, and no Internet service for emailing her work. With the flash drive she can now easily transport her work to school. Such a seemingly small thing can improve the lives of hard working students who sincerely want to do well in school.

On behalf of all TYS staff, **Natalia Corral**, **Rosa Valle-Rico**, **Terri Zabaleta**, **Magaly Vazquez**, and myself, thank you for making a difference in children's lives.

—Bonnie Beedles/TYS Manager/CCE

Congratulations! Thanks to south county staff, we collected the following for Transitional Youth, including homeless and foster care young people:

- 40 backpacks
- 26 3-ring binders
- 15 dividers
- 45 subject notebooks
- 2,750 — lined papers
- 28 binder pouches
- 41 2-pocket folders
- 14 boxes colored pencils
- 168 pens
- 2 calculators
- 140 pencil-cap erasers
- 1 pencil box
- 12 packs graph paper
- 24 rulers
- 32 highlighters
- 9 block erasers
- 42 colored markers
- 257 pencils
- 130 mechanical pencils
- 100 push pins
- 14 glue sticks
- 11 crayons, 8 packs
- 14 crayons, 24 packs
- 4 packs name badges labels
- 3 flash drives
- 1 composition book
- 2 book covers
- 3 dry erase markers
- 2 scissors
- 2 rolls of tape

—Tom Heiduk/HR

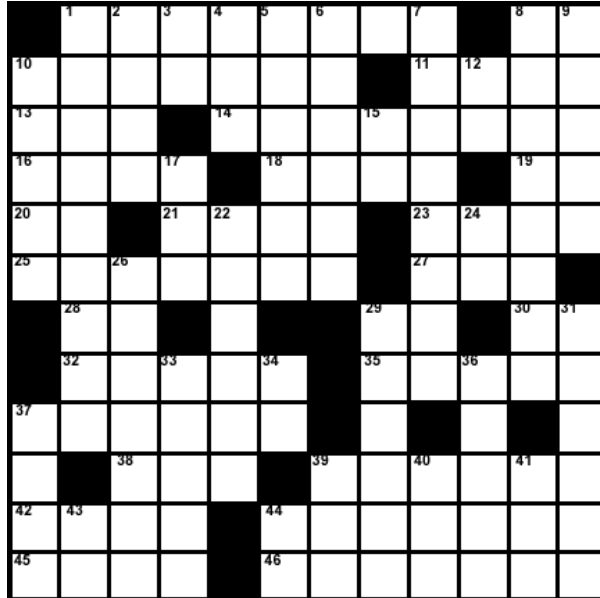
sbceo Crossword

Submitted by Fred Borchers/ETS

Across

- 1 School Business Advisory Services Admin. Services Manager
- 8 Santa Maria JUHSD Board Member Dr. Garvin and Hollister School Room 22 Instruct. Asst. Wiley
- 10 Fringe type
- 11 Sheriff Taylor's TV son
- 13 K---O link
- 14 Common word in IMS and ETS
- 16 Vaulted church recess
- 18 Some people swim these
- 19 KIT's editor; init.
- 20 Third note of the scale
- 21 Santa Maria Bonita District K-6 school on Windsor Street
- 23 Victor's cry!
- 25 Poppin's player
- 27 Opposite of beginning
- 28 Government Issue, briefly
- 29 Bruce School Principal; init.
- 30 Lompoc District K-6 School on Pine Avenue; init.
- 32 Lottery prizes
- 35 1989 movie "____ Magnolias"
- 37 He ate no fat
- 38 Internet Connection Sharing acronym
- 39 Coarse heavy fabric used for bagging or wrapping
- 42 Fiscal's Lemp

"You Don't Know "



Answers to crossword on page 8.

- 44 Paul Bunyan, for example
- 45 Droops
- 46 What tattoo artists do

Down

- 1 Exercise staple
- 2 Miller School's McKeehan and SB County Education Association Co-President Blanton
- 3 USA's continent
- 4 IMS's new name

- 5 Goleta Union School District's Assist. Supt., Pupil Personnel and Special Services
- 6 Leaves the scene at once!
- 7 Most clamorous
- 8 Dos Puertas School Teacher
- 9 Special Education Services in North County, briefly
- 10 South American pack animal
- 12 Carpinteria Unified School District Superintendent; init.
- 15 Executive Director, Foundation for SBCC; init.
- 17 Hearing organ
- 20 Fourth letter of the Greek alphabet; plural
- 24 Cuyama High School Special Educ. Instructional Asst.; init.
- 26 Skinny-_____
- 29 Take for granted or without proof
- 31 Pancakes
- 33 Killer whales
- 34 Fiscal Services Accounting Assistant
- 36 Director Barger in Curriculum, Instruction and Program Support
- 37 Nehru and Strait, for a few
- 39 Burger ____, the roving restaurant
- 40 Baseball hitting stat.
- 41 Noah's construction
- 43 Iowa's state abbrev.
- 44 There's two of this in Hawaii's capital

Still watching VHS? Check it out

Those of you who still watch VHS can watch some classic movies by contacting Fred Borchers at ext. 5249 and requesting a copy of any of the following titles to check out for a week:

Adventures of Huckleberry Finn
All the President's Men
All Quiet on the Western Front
Animal Farm

Call of the Wild
Pride and Prejudice
The Diary of Anne Frank
The Grapes of Wrath

The Great Gatsby
The Miracle Worker
The Taming of the Shrew
To Kill a Mockingbird

—Fred Borchers/ETS

Health & Safety Tips

**Excerpted with permission, Mayo Foundation for Medical Education and Research.*

How long is pink eye contagious?

Pink eye (conjunctivitis) generally remains contagious as long as the eye continues to tear and produce a discharge. Signs and symptoms of pink eye usually improve within three to seven days. When tearing and discharge are no longer present, it's appropriate to return to school or work.

If the pink eye is caused by a bacterial infection, treatment with antibiotic drops or ointment for the eyes may be necessary. Some schools and child care facilities require that a child wait at least 24 hours after starting treatment before returning. Good hygiene, including hand-washing after touching the eyes, is important to minimize spread of the disease.

Pink eye treatment

If you wear disposable contact lenses, your doctor may ask you to throw out your contacts as part of your pink eye treatment. If you have contact lenses that aren't disposable, your doctor may recommend you disinfect your contacts. Contact lens accessories, such as your contact lens case and contact lens solution, should be discarded and replaced. Wait until your eyes are no longer red and you no longer experience eye discharge before wearing contacts again.

—Donna Scott/NoCo

Answers to Crossword (p. 7)

	J	A	N	E		S	O	N			S
L	U	N	A	T	I	C		O	P	I	E
L	M	N		S	E	R	V	I	C	E	S
A	P	S	E		L	A	P	S		W	S
M	I		A	D	A	M		I	W	I	N
A	N	D	R	E	W	S		E	N	D	
	G	I		L			A	S		L	F
		P	O	T	S		S	T	E	E	L
	S	P	R	A	T		S		L		A
E		I	C	S			B	U	R	L	A
T	I	N	A			L	U	M	B	E	R
S	A	G	S			U	S	E	I	N	K

KIT also posted on the Intranet

Remember that KIT is also available online, if you prefer to access it that way.

Log in to the Intranet — intranet.sbceo.org
Go to the “Publications” drop down menu and click on “KIT.”



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- Donna Scott, North County Liaison Office (NoCo)
- Lillian Tolbert, Special Education Support Services-South (SESS-S)
- Angela Wells, School Business Advisory Services (SBAS)
- Mary Ann Wilkerson, Superintendent's Office
- Jeri Wynn, Regional Occupational Programs-Hope (ROP)